

Cloth face mask

To help meet the international demand for facial coverings in places where governments require masks

You will need:

◆ **Two different colors of cotton fabric**

It's important to use two different colors so people can easily remember which side is inside and outside.

◆ **Elastic**

If you don't have elastic you can make fabric ties. Instructions listed on the back.



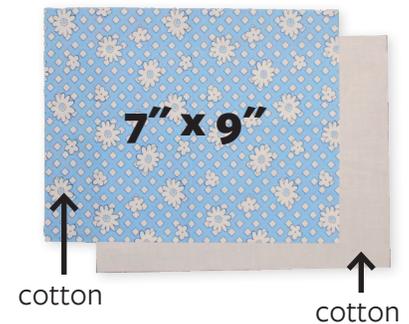
1 Prewash fabric

2 Cut fabric and elastic

Two pieces of cotton fabric 7"x9" (for front and back)

Two pieces of 1/4" elastic 7" long

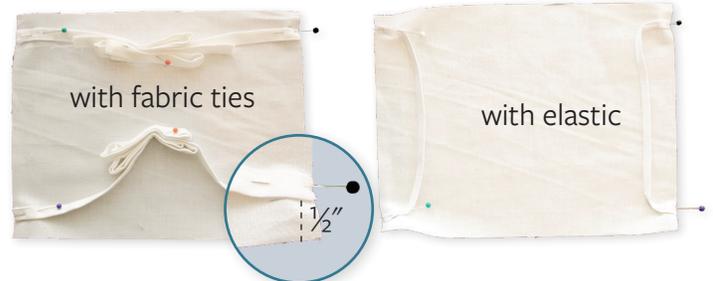
(See fabric tie instructions if you don't have access to elastic.)



3 Place elastic or fabric ties

Pin a piece of elastic to the right side of one of the cotton pieces. Pin one end on the top of the short side of the rectangle 1/2" from the long side, and the other end at the bottom 1/2" from the long side. This creates an ear loop. Repeat on opposite side with second piece of elastic.

If you are using fabric ties, place only one end of the tie at the top of the short side 1/2" from the long side, and a separate one at the bottom 1/2" from the long side. Pin loose ends together to avoid sewing them in during the next step.



4 Pin and sew face mask

Place the second piece of cotton fabric on top of the other one with right sides together. Sew around entire face mask leaving a 2" opening along the bottom for turning. Backstitch over elastic/fabric ties. Turn right side out.

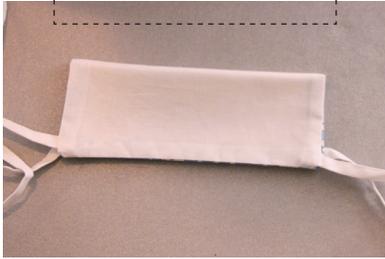


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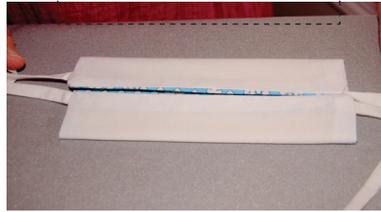
Create pin tucks

Fold the mask in half and press. Open the fabric and fold edges to the middle pressmark. Press and open. Then, by each pressmark create $\frac{1}{2}$ " pin tucks facing upwards. Sew along the outside of the entire mask using a $\frac{3}{8}$ " inch seam allowance.

Fold in half



Fold edges to the middle pressmark



pin tucks



Fabric tie instructions

If you do not have elastic, you can make fabric ties. You basically make/use bias tape.

Cut four pieces of cotton fabric $1\frac{1}{2}$ " wide and 16" long. Take one piece, fold in, and press one short edge $\frac{1}{2}$ ". Then fold it in half lengthwise and press. Open and fold in both raw edges to the middle. Fold that in half and top stitch the tie. Repeat with other three pieces.



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Packaging and shipping instructions

Please place **20 masks** in a Ziploc bag and mark the bag *cloth face masks*. You can drop them off at any CAM location or mail them to one of the following addresses. Please mark the package: *Attention Receiving*.

Christian Aid Ministries
4464 State Route 39
Millersburg, OH 44654

Christian Aid Ministries Warehouse
2412 Division Hwy.
Ephrata, PA 17522

